

COOKING AND THE CURRICULUM

COGINIO A'R CWRICWLWM

HANDA'S SURPRISE – EXAMPLE 6 WEEK PLAN FOR 'FOODIE DAY' ACTIVITIES

WEEK 1 – READING THE BOOK

Additional activities – Handa's story sequence cards, caption writing activity or pencil control sheets (available on twinkl)

Curriculum links – Language, Literacy & Communication



WEEK 2 – TASTING AND TESTING THE DIFFERENT FRUITS IN HANDA'S BASKET

Additional activities – learning the Welsh words for the different fruits/textures, simple class graph of which is favourite fruit

Curriculum links – Language, Communication, Numeracy



WEEK 3 – WHICH FRUIT FLOATS AND WHICH FRUIT SINKS?

Additional activities – which fruits go brown and what can be done to stop this? Discuss how many fruits and vegetables we should eat each day and why they are healthy.

Curriculum links – Science & Health and Wellbeing



WEEK 4 – HANDA'S ADDITION AND SUBTRACTION ACTIVITY SHEET (TWINKLE)

Additional activities – fruit number cards, African missing numbers activity (twinkl)

Curriculum links – Mathematics and Numeracy



WEEK 5 – WHERE IS AFRICA ON THE MAP AND HOW IS IT DIFFERENT TO WALES?

Additional activities – read other books that celebrate different cultures – Mamma Panya's Pancakes. Create a paper fruit basket using scissor skills (Twinkl)

Curriculum links – Humanities & Expressive Arts



WEEK 6 – MAKE HANDA'S FRUIT SALAD

Curriculum links – Technology & Health and Wellbeing

KEY STAGE 2

Languages, Literacy & Communication

Following a recipe, writing a recipe (procedural text), describing food, learning the Welsh for different cooking methods, tasting and testing food

Maths & Numeracy

Scaling up a recipe, weighing and measuring ingredients, cooking times and temperatures, class graphs

Health & Wellbeing

Eat well guide activities, trick your tastebuds, taste testing

Science & Technology

Making a Spanish frittata to demonstrate changes of state, Why does popcorn pop, Find the iron, Solids liquids & gases, DIY Butter, Design & make cooking activities

Humanities

Geography – Welsh Food Miles - researching traditional welsh food and where it comes from, Volcanic Pizzas

History – WW2 & Rationing – making a batch of Craggy Buns

Celebrating different cultures and countries – Chinese new year, North & South America, Olympics

Expressive Arts

Colour changing cabbages, rainbow pasta salad, rainbow wraps

