

- Cooking and food activities can link to all areas of learning
- Recommend introducing a 'foodie day' each week

HANDA'S SURPRISE – 6 WEEK PLAN FOR 'FOODIE DAY' ACTIVITIES

WEEK 1 – READING THE BOOK

Additional activities – Handa's story sequence cards, caption writing activity or pencil control sheets (available on twinkle)

Curriculum links – Language, Literacy & Communication

WEEK 2 – TASTING AND TESTING THE DIFFERENT FRUITS IN HANDA'S BASKET

Additional activities – learning the Welsh words for the different fruits/textures, simple class graph of which is favourite fruit

Curriculum links – Language, Communication, Numeracy

WEEK 3 – WHICH FRUIT FLOATS AND WHICH FRUIT SINKS?

Additional activities – which fruits go brown and what can be done to stop this?
Discuss how many fruits and vegetables we should eat each day and why they are healthy.

Curriculum links – Science & Health and Wellbeing

WEEK 4 – HANDA'S ADDITION AND SUBTRACTION ACTIVITY SHEET (TWINKLE)

Additional activities – fruit number cards, African missing numbers activity (twinkle)

Curriculum links – Mathematics and Numeracy

WEEK 5 – WHERE IS AFRICA ON THE MAP AND HOW IS IT DIFFERENT TO WALES?

Additional activities – read other books that celebrate different cultures – Mamma Panya's Pancakes. Create a paper fruit basket using scissor skills (Twinkle)

Curriculum links – Humanities & Expressive Arts

WEEK 6 – MAKE HANDA'S FRUIT SALAD

Curriculum links – Technology & Health and Wellbeing

