

SUGGESTED EQUIPMENT SUPPLIERS

EQUIPMENT	COST	RETAILER	SUGGESTED ACTIVITIES/RECIPES
Knives (Khun Rikon Doggy Knife with Teeth)	£9.00	Amazon/Cookability.biz	Cutting soft or cooked food in half eg. cherry tomatoes, melon, pineapple, cooked potato/carrot
8cm Serrated Edge Paring Knives	£3.50	Russums (Giesser brand)	A suitable knife for children and adults to learn how to prepare/cut foods properly
Small Chopping Boards – for preparing cooked/low risk foods	£1+	Poundland/Poundstretcher/ikea	Suitable surface for cutting or preparing food
Coloured chopping boards for preparing meat/raw veg etc	£2+	IKEA	Coloured chopping boards required to prepare high risk foods – eg. Meat, raw veg
Clear Plastic Mixing Bowls (Sml, Med, Lrg)	£1+	Poundland/Asda etc	Clear plastic bowls allow children to see what is happening when mixing or combining ingredients Uses- mixing salads, making crumbles/bread, collecting vegetable peelings (small bowl)
Metal Mixing Bowls	£3+	The Range/Homebargains	Uses- mixing salads, making crumbles/bread, collecting vegetable peelings (small bowl)
Portable Halogen Ovens	£55+	Amazon/EBAY	A small portable oven suitable for cooking a range of different foods. The hinge lid makes this oven very safe to use

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Portable Induction hob	£35+	Amazon/EBAY	A 'safe' hob to use as it will only work when pan is in place
Saucepan – 3 Litre	£14	IKEA	A good 'induction quality' pan – size is big enough to make a 1.5litre qty of soup
Frying Pan – Medium	£15	IKEA	Induction suitable – good for making pancakes/welshcakes etc
Measuring spoons & cup	£2+	Poundland/Amazon/Asda etc	Good for measuring ingredients etc
Rotary Grater	£4.99	IKEA	Suitable to grating cheese, carrot etc.
Aprons (Child & Adult)	£3.99+ (child) £5.75+ (Adult)	Noyna (www.noyna.com)	These flame retardant aprons come in a range of colours/sizes and are easy to clean after use
Plastic Table Covering	£2.99/m	Dunelm Mill	A hygienic, wipe clean surface that will cover any table
Pastry Blender	£4.99	Amazon	A useful tool for teaching the 'rubbing in' method
Food Probe (Hygiplas Easy Temp)	£7.99+	Nisbets/Russums/Amazon	A small, easy to use food probe